



Installation Guide:

Download Parrot.zip. and extract it. You will see a file named parrot.jsxbin. You'll need to put this in your ScriptsUi Panels folder.

Move parrot.jsxbin to the following location. If you already have After Effects open, you will need to restart the program after moving the file.

Windows:

Program Files\Adobe\Adobe After Effects <version>\Support Files\Scripts\ScriptUI Panels

Mac:

Applications/Adobe After Effects <version>/Scripts/ScriptUI Panels

To open Parrot within After Effects, go to the bottom section of your Window menu. A window will appear containing Parrot's UI. You can dock the panel to your After Effects interface wherever it's most most convenient to you.

More information on loading and running scripts can be found here:

<https://helpx.adobe.com/after-effects/using/scripts.html>

Watch this helpful How To video to learn all of Parrot's features and functions.

https://www.youtube.com/watch?v=AJ_VKcdXwB0